

FEATURED RECIPE

PHASE 1 COMPLIANT

IP FOOD HACK IP Popsicles



Here's another treat to keep you cool on a hot summer day, IP Pudding Popsicles!

2 servings

Ingredients:

- 1 packet of IP Pudding Mix (Chocolate or Vanilla)
- 1 packet of IP Chocolate or Vanilla Drink Mix
- Popsicle molds

Directions:

1. Prepare Pudding Mix according to packet instructions and pour into a bowl
2. Prepare Drink Mix according to packet instructions and pour into the same bowl as the pudding.
3. Mix Drink Mix and Pudding thoroughly.
4. Pour into popsicle molds and freeze for at least 5 hours.
5. Enjoy!

TIP: Don't have popsicle molds? Simply use small paper cups used for muffins and wooden sticks.