What is flu?

What is influenza?
Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. There are two main types: types A and B. The best way to reduce the risk of flu is by getting vaccinated each year.

When should I get my flu shot?
The CDC recommends that everyone should be vaccinated by the end of October.

Who should get the flu shot?
Everyone 6 months and older should get the flu shot.

What vaccines are available?
- For people younger than 65 years, CDC does not recommend any flu vaccine over another.
- For adults 65 years and older, there are three flu vaccines that are recommended. These are Fluzone High-Dose Quadrivalent vaccine, Flublok Quadrivalent recombinant flu vaccine and Fluad Quadrivalent adjuvanted flu vaccine. If none of the three flu vaccines recommended for people 65 and older is available at the time of administration, people in this age group can get any other age-appropriate flu vaccine instead.

What are the benefits of the flu vaccine?
- It can keep you from getting sick with the flu
- It has been shown in several studies to reduce the severity of illness in people who get vaccinated but still get sick
- It can reduce the risk of flu-associated hospitalization
- It can also protect the people around you

What flu shots does Bremo Pharmacy have?
We have Fluad, Afluria, Fluarix, and FluMist.

For more information about the flu visit the Centers for Disease Control and Prevention Website https://www.cdc.gov/flu/index.htm

Did you know that you can receive more than one type of vaccine at one time?
At Bremo Pharmacy, our pharmacists will work with you to determine what vaccines you need so you can get them in one visit.

At Bremo we offer many different vaccines. Call us at 804-288-8361 to schedule an appointment today! Visit our website https://bremorx.com/services/prescriptions-pharmacy/vaccinations-flu-shot-form/ to find out what other vaccines are available at Bremo Pharmacy.